

## Oviva's Tier 3 Weight Management service can now accept referrals from all GP practices in England under the Right to Choose framework.

Oviva's remote Tier 3 Weight Management service is fully reimbursed by the NHS and includes prescription and supply of NICE-approved weight loss medications. The service helps address the postcode lottery and access crisis faced by patients seeking obesity treatment.

Under the Right to Choose framework, patients in England referred by their GP can choose any clinically appropriate health service provider offering elective, consultant-led services. The provider must hold a commissioning contract with any NHS Integrated Care Board (ICB) in England to be eligible for choice. As Oviva has multiple qualifying contracts with ICBs to deliver our Tier 3 Weight Management service remotely, patients can choose our service from any ICB in the country.

It is important to note that it does not matter whether your ICB has directly commissioned Oviva's service. Eligible patients have a legal right to choose to access Oviva's service, which another ICB may have commissioned, under the NHS constitution.

### Oviva's Tier 3 Weight Management service

Oviva's Tier 3 Weight Management programme lasts 12-24 months, depending on whether weight loss medications are appropriate and selected by the patient. Every patient receives a comprehensive, personalised treatment plan that supports them in making healthy lifestyle changes that last through holistic medical, dietetic, activity, and psychological support. The service is accessible via the Oviva app or by telephone.

Oviva is a trusted and CQC-registered NHS provider that has provided digitally enabled weight management programmes since 2014. Oviva has supported over 100,000 NHS patients and over 500,000 worldwide with weight management and Type 2 diabetes.

#### How to refer

1. Ensure your patient is eligible according to your local ICB's criteria. Please check on the ICB's website. If your local ICB does not have a specific Tier 3 Weight Management access policy, please refer to [Oviva's standard criteria](#), aligned with NICE guidance.
2. Complete the referral form, which you can find on our website: [www.oviva.com/refer](http://www.oviva.com/refer). To refer, you will need a recent (<12m) height, weight, BMI, blood pressure, and blood tests (HbA1c, lipid profile, LFTs, and TSH).
3. Once you have completed the referral form, please send it to [ovivauk.t3wm@nhs.net](mailto:ovivauk.t3wm@nhs.net). Alternatively, send the referral form via eRS. Please use the Secondary Care menu and search the following terms on the system:
4. **Name:** Tier 3 Weight Management (Medical)-Oviva-8JE35  
**Speciality:** Endocrinology & Metabolic Medicine  
**Clinic type:** Not otherwise specified  
**Organisation or site name:** Oviva

*N.B. Referrals to Oviva's local Tier 3 Weight Management service may be eligible for the £11.50 payment under the National Weight Management Enhanced Service.*