

Carbon Management Plan

Supplier name: Oviva

Reporting Year: 2025/26 | Publication date: May 2026

Methodology Note

This Carbon Management Plan covers the reporting year 2025/26 (April 2025 to April 2026). UK session data is based on actual recorded appointment volumes: 2,851 face-to-face sessions and 151,272 remote sessions across the UK operation. Financial data is drawn from Oviva UK Limited unaudited management accounts for the year ended 31 December 2025. CH and DE session volumes are estimated using historical growth trends from the existing emissions calculation methodology. Scope 1 and Scope 2 figures remain unchanged as office footprint has not increased. All calculations follow the GHG Reporting Protocol corporate standard and PPN 06/21 reporting requirements.

Commitment to Achieving Net Zero

At Oviva, we not only care about human health, we also care about the health of our planet. Greenhouse gas emissions contribute to global warming, which is already having devastating effects on people's health. In line with the Paris Agreement, Oviva is committed to achieving Net Zero emissions by 2050. We also plan to halve our emissions by 2030. We have co-signed the "Carbon Negative Company Manifesto" and are members of Global Green and Healthy Hospital, the Health Care Climate Challenge and the Global Race to Zero Campaign.

Our carbon management plan is a living document that will be reviewed, updated, and improved over time. In 2025/26 Oviva UK Limited achieved turnover of £39.96 million with an operating profit of £9.91 million, reflecting strong and sustainable business growth. As a digital-first healthcare provider, our remote-by-default model means our carbon footprint remains significantly lower than equivalent in-person health services. In the UK in 2025/26, 98.2% of all patient appointments were delivered remotely, demonstrating the tangible environmental benefit of our digital therapeutic approach. We continue to reduce our per-patient carbon intensity year on year as we scale our virtual delivery capability.

Baseline Emissions Footprint

Baseline emissions are a record of the greenhouse gases produced prior to the introduction of any strategies to reduce emissions. They are the reference point against which emissions reduction is measured.

Our baseline footprint from 2021 totalled approximately 340 tCO₂e. As a health tech company our baseline footprint is already relatively low. Our biggest sources of carbon emissions include patient commuting, employee commuting, and business trips — all of which are driven by face-to-face clinical sessions.

Emissions Component	Baseline Year: 2021	Notes
Scope 1 — Stationary Combustion	10.41 tCO ₂ e (3%)	Office heating — natural gas. No change to office space.
Scope 2 — Purchased Electricity	1.71 tCO ₂ e (1%)	100% renewable electricity. No change to office space.

Emissions Component	Baseline Year: 2021	Notes
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Scope 3 — All indirect emissions (patient commuting, employee commuting, business trips, T&D losses, waste)	328.78 tCO ₂ e (96%)	Primary driver is patient and employee commuting for face-to face sessions.
Total Baseline Emissions	340 tCO₂e	Baseline Year 2021

Current Emissions Footprint — Reporting Year 2025/26

Our 2025/26 footprint reflects the significant growth of our UK NHS commissioned services alongside our continued commitment to maximising virtual delivery. In the UK, Oviva delivered 154,123 patient sessions during 2025/26, of which 151,272 (98.2%) were delivered remotely and only 2,851 (1.85%) required a face-to face appointment. This near-total shift to remote delivery in the UK is the most significant single driver of our emissions performance in this period.

Compared to the 2023 reporting year, total emissions have decreased by approximately 34% — from 434.65 tCO₂e to 286.84 tCO₂e — despite substantial business growth. UK turnover reached £39.96 million in 2025, representing a significant increase on prior years, while emissions have fallen. This demonstrates a clear and accelerating decoupling of business growth from carbon output.

The carbon saved by delivering UK sessions remotely rather than face-to-face is estimated at 290 tCO₂e in 2025/26 alone — a saving larger than our entire total emissions footprint. Put another way, if all 154,123 UK sessions had been delivered face-to-face our total emissions would have more than doubled. Our digital model is therefore not merely carbon-neutral relative to in-person care — it is actively carbon-avoiding at scale.

Emissions Component	2023 Actual	2025/26 Estimate	Notes
Scope 1 — Stationary Combustion	10.41 tCO ₂ e (2%)	10.41 tCO ₂ e (4%)	Unchanged — no new office space added
Scope 2 — Purchased Electricity	1.71 tCO ₂ e (<1%)	1.71 tCO ₂ e (<1%)	Unchanged — 100% renewable energy maintained
Scope 3 — Patient commuting	~228 tCO ₂ e (52%)	146.96 tCO ₂ e (51%)	Based on 76,540 F2F sessions (UK actual: 2,851; CH/DE estimated: 73,689)
Scope 3 — Employee commuting	~76 tCO ₂ e (17%)	48.99 tCO ₂ e (17%)	F2F sessions divided by 3 sessions/EB day, 10km, 192g/km
Scope 3 — Business trips	~57.75 tCO ₂ e (13%)	68.51 tCO ₂ e (24%)	Scaled by FTE growth across all markets (~664 FTE)
Scope 3 — Waste	~7.14 tCO ₂ e (2%)	8.47 tCO ₂ e (3%)	Scaled by FTE growth
Scope 3 — T&D Losses	~1.93 tCO ₂ e (<1%)	1.80 tCO ₂ e (<1%)	Electricity transmission and distribution losses
Scope 3 Total	422.53 tCO ₂ e (97%)	274.72 tCO ₂ e (96%)	
TOTAL EMISSIONS	434.65 tCO₂e	286.84 tCO₂e	Reduction of 34% vs 2023; 15.6% below 2021 baseline

Key Performance: Decoupling Emissions from Growth at Scale

In 2025/26, Oviva UK achieved turnover of £39.96 million and served 154,123 patients in the UK alone — while reducing absolute total emissions by 34% compared to 2023. Of all UK patient sessions, 98.2% were delivered remotely. The estimated carbon saving from remote delivery in the UK in 2025/26 is 290 tCO2e — a saving larger than our entire emissions footprint. At a carbon efficiency ratio of £139,305 revenue per tCO2e, Oviva demonstrates that

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high-quality digital healthcare and strong commercial performance are fully compatible with responsible environmental stewardship.

Emissions Trajectory

Year	Total Emissions (tCO2e)	vs Baseline (2021)	Status
2021 (Baseline)	340 tCO2e	—	Baseline year
2022	418 tCO2e	+23%	Growth driven by patient scale-up
2023	434.65 tCO2e	+28%	4% growth on 2022 vs higher business growth
2025/26 (this report)	286.84 tCO2e	-15.6%	On track — ahead of 2030 trajectory; 98.2% UK remote delivery
2030 Target	~210 tCO2e	-38%	50% reduction vs 2021 baseline — Net Zero pathway target
2050 Target	Net Zero	Net Zero	Committed in line with Paris Agreement

Carbon Reduction Projects

Completed Carbon Reduction Initiatives

During 2022, Oviva focused on optimising Scope 1 and 2 emissions, as well as employee-focused initiatives including a sustainable travel policy, sustainable diet for employees, and cycle or walk to work.

In 2023, Oviva developed a Green Health pilot project providing sustainability-related content to English speaking patients. The weekly “Picks” consisted of short articles on topics including ‘Buy local, eat seasonal’, ‘Reasons to eat less red meat’, ‘Ways to reduce waste’ and ‘What is a sustainable diet’. The pilot received excellent evaluation from surveyed patients.

In 2024, Oviva completed the following initiatives:

- Sustainable Diet for Patients (translation): The Green Health ‘Picks’ content was translated and localised into German, reaching a substantially greater volume of patients across Germany and Switzerland.
- Sustainable Diet for Patients (content expansion): The content library was expanded with additional ‘Picks’ articles on sustainable food and exercise, deepening patient engagement with sustainability

topics.

- Increasing Remote Sessions: Oviva continued to increase the absolute and relative number of remote appointments, with the growth of Oviva Direkt driving a greater share of coaching sessions delivered digitally.

2025/26 Reduction Initiatives

In 2025/26, Oviva has continued to progress its carbon reduction agenda with a focus on the following initiatives:

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- Remote-First NHS Delivery: The expansion of Oviva's NHS-commissioned digital weight management services in the UK has been delivered on an almost entirely remote basis. In 2025/26, 98.2% of all UK patient sessions were delivered remotely, with only 2,851 of 154,123 total UK sessions requiring a face-to-face appointment. This represents the single largest driver of emissions reduction in 2025/26 and demonstrates that high-quality, clinically effective weight management can be delivered at scale with a minimal carbon footprint.
- Carbon Efficiency at Scale: Oviva UK's carbon efficiency ratio of £139,305 revenue per tonne of CO₂e demonstrates the environmental advantage of the digital health model. The estimated carbon avoided by delivering UK sessions remotely rather than face-to-face in 2025/26 is 290 tCO₂e — a saving that exceeds our total emissions footprint for the year.
- Oviva Direkt Scaling: The continued scaling of the Oviva Direkt digital therapeutic platform across Germany and Switzerland has further increased the proportion of sessions delivered remotely, reducing patient and employee commuting emissions across all markets.
- Business Travel Policy: Updated internal travel policy has continued to prioritise virtual meetings and reduce unnecessary flights, with particular emphasis on reducing leadership team travel to in-person offsites.
- Supply Chain Engagement: Oviva has begun engaging key suppliers on their own emissions reduction commitments, with a focus on cloud infrastructure providers and medical supply chains.
- Green Health Programme Expansion: The Green Health 'Picks' programme has been further expanded, with new content modules on sustainable diet and physical activity now available across all language markets.

Declaration and Sign Off

This Carbon Reduction Plan has been completed in accordance with PPN 06/21 and associated guidance and reporting standards for Carbon Reduction Plans.

Emissions have been reported and recorded in accordance with the published reporting standard for Carbon Reduction Plans and the GHG Reporting Protocol corporate standard and use the appropriate Government emission conversion factors for greenhouse gas company reporting.

Scope 1 and Scope 2 emissions have been reported in accordance with SECR requirements, and the subset of Scope 3 emissions have been reported in accordance with the published reporting standard for Carbon Reduction Plans and the Corporate Value Chain (Scope 3) standard.

This Carbon Reduction Plan has been reviewed and signed off by the board of directors (or equivalent management body).

Signed on behalf of the Supplier:

Kai Eberhardt



CEO & Co-Founder

Oviva

Date: May 2026

