

# Oviva Tier 3 Eligibility Criteria



## NHS Dorset ICB

For Dorset, a two-tier policy is in place. Patients can access the 6-month diet and lifestyle pathway if they meet the inclusion criteria for entry; however, access to the medication pathway is assessed separately in line with the eligibility criteria defined by your local ICB, and we are required to follow these when determining a patient's eligibility.

### Inclusion Criteria - To access Tier 3 Weight Management service



- Age at least 18 years old
- Must be assessed as ready or motivated to change and fully committed to participating in a weight management programme.
- BMI  $\geq$  35 kg/m<sup>2</sup>\*

### Two tier medication access - Wegovy eligibility



- BMI  $\geq$  35 kg/m<sup>2</sup>\*

**AND** at least four of the following five diagnosed health conditions (complete list):

- Type 2 diabetes
- Hypertension
- Atherosclerotic cardiovascular disease
- Obstructive sleep apnoea
- Dyslipidaemia

*\*There is a tolerance unit of BMI 2.5 on each element of the criteria above in relation to at-risk groups that have higher obesity prevalence rates particularly those with black African or Caribbean and South Asian origin.*

### Exclusion Criteria



- Under the age of 18.
- Pregnant or breastfeeding.
- Uncontrolled hypertension / heart condition / medical condition preventing increased activity level.
- Participants who have made suicide attempts within the last year\*\*
- Participants who have self-harmed in the past three months\*\*.
- Participants who have made plans to commit suicide in the past three months\*\*.
- Less than 2 years post bariatric surgery.

*\*\*ensure patients have been referred to appropriate mental health services.*