



Oviva Tier 3 Eligibility Criteria

NHS Northamptonshire ICB

Inclusion criteria

- Age at least 18 years old
- In the past 2 years the patient has actively/persistently engaged with losing weight with a structured Tier 2 service or equivalent

BMI Criteria:

- **BMI \geq 50 kg/m²*** may be referred directly (without evidence of compliance with Tier 2)
- **BMI \geq 45 kg/m²*** who need to lose weight in order to receive time critical surgery or healthcare treatment (without evidence of compliance with Tier 2)
- **BMI \geq 40 kg/m²***
- **BMI \geq 35 kg/m²*** **and** has one or more weight related co-morbidities (**complete list**):
 - Cardiovascular disease
 - Type 2 diabetes
 - Respiratory issues
 - Hypertension
 - Stroke / TIA
 - Kidney disease
 - Restricted mobility affecting quality of life
 - Polycystic ovary syndrome

**There is a tolerance unit of BMI 2.5 on each element of the criteria above in relation to at-risk groups that have higher obesity prevalence rates particularly those with black African or Caribbean and South Asian origin.*

Exclusion criteria

- Under the age of 18 years.
- Pregnant or breastfeeding.
- Uncontrolled hypertension / heart condition.
- Active or suspected, untreated eating disorders, including binge eating disorder, purging within the last 3 months.
- Active cancer.
- Bariatric surgery in the past two years.
- Unstable or severe mental illness, including suicide attempts in the past 12 months, patients who have self-harmed in the past 3 months, or suicidal ideation in the last 3 months. This may prevent engagement with the behaviour change programme.
- Unstable alcohol or drug use (can be referred if the patient has received support and been in recovery for 3 months).
- Unstable hypothyroidism (can be referred if stable).
- Unstable Cushing's syndrome (can be referred if stable).
- Are currently successfully losing weight with dietetic or reputable evidence based weight management intervention and have not exhausted the benefit from that service
- Have previously been referred into a Tier 3 service and have left early or disengaged in the service within the past 12 months
- Do not have capacity to consent
- Are unable to tolerate eating a healthy balanced diet

