

Oviva Tier 3 Eligibility Criteria

NHS Mid and South Essex ICB



Inclusion criteria

- Age at least 18 years old
- Willingness to commit to changing behaviours, measured through objective evidence-based assessment tools such as Patient Activation Measures.
- Evidence to demonstrate Tier 2 interventions have been completed, where Tier 2 was suitable and appropriate for that individual.
- BMI ≥ 40 kg/m² **and at least one** of the following conditions (complete list):
 - Obstructive sleep apnoea
 - Severe asthma
 - Cor pulmonale
 - Obesity hypoventilation syndrome,
 - Requires CPAP (continuous positive airway pressure)
 - Ischaemic heart disease
 - Heart failure
 - QRISK score of >20%
 - Type 2 diabetes mellitus
 - Sub-fertility
 - Oesophagitis
 - Severe gastro-oesophageal reflux disease
 - Barrett's oesophagus

Exclusion criteria

- Patients under 18 years old.
- Patients who are currently successfully losing weight with dietetic or reputable evidence-based weight management intervention.
- Patients who have been previously referred into the service and have left the pathway early or have disengaged from the services, who are seeking to re-enter as a re-referral will not be eligible within 24 months.
- Patients with uncontrolled hypertension/heart condition/medical condition preventing increase in activity level.
- Patients who are pregnant or breastfeeding.
- Patients with unstable or severe mental illness beyond the expertise of primary care.
- Patients with active eating disorders.
- Patients who have made suicide attempts within the last year.
- Patients who have self-harmed in the past 3 months.
- Patients who have made plans to commit suicide in the past 3 months.
- Patients who have undergone bariatric surgery in the past 12 months.
- Patients who have been diagnosed as pre-diabetic- more appropriate for the NHS diabetes prevention programme.
- Referrals can be made once the following conditions are stable:
 - Alcohol or drug use
 - Hypothyroidism
 - Cushing's syndrome
 - Mental illness