



Oviva Tier 3 Weight Management Eligibility Criteria

NHS Cornwall and Isles of Scilly ICB

For C&IoS, a two-tier policy is in place. Patients can access the 6-month diet and lifestyle pathway if they meet the inclusion criteria for entry; however, access to the medication pathway is assessed separately in line with the eligibility criteria defined by your local ICB, and we are required to follow these when determining a patient's eligibility.

Inclusion Criteria - To access Tier 3 Weight Management service



A patient must meet one of the following eligibility criteria:

- **BMI $\geq 50\text{kg/m}^2$ ***
- **BMI $\geq 40\text{ kg/m}^2$ * and** has engaged with community weight services over a 2 year period, but they have failed to achieve or maintain weight loss goals.
- **BMI $\geq 35\text{ kg/m}^2$ ***
- **and** has engaged with community weight services over a 2 year period, but failed to achieve or maintain weight loss goals
- **and** has **one or more weight related co-morbidities** (complete list):
 - Established cardiovascular disease
 - Type 2 diabetes
 - Hypertension
 - Idiopathic intracranial hypertension
 - Obstructive sleep apnoea
 - Non-alcoholic steatohepatitis (NASH)

**There is a tolerance unit of BMI 2.5 on each element of the criteria above in relation to at-risk groups that have higher obesity prevalence rates particularly those with black African or Caribbean and South Asian origin.*

Two tier medication access - Wegovy eligibility



- **BMI $>40\text{ kg/m}^2$**
- and**
- Have **four** of the following **five health conditions**:
 - **Heart disease (cardiovascular disease)**
 - **Hypertension**
 - **Abnormal blood fats (dyslipidaemia)**
 - **Obstructive sleep apnoea**
 - **Type 2 diabetes mellitus**

For full details, please refer to page 155 - 160 of the C&IoS ICB commissioning policies and evidence-based interventions: [Commissioning Policies](#).

Exclusion Criteria - To access Tier 3 Weight Management service



- Patients under 18 years old
- Patients who are currently successfully losing weight with dietetic or reputable evidence-based weight management intervention.
- Pregnant women - women becoming pregnant during the programme will be able to pause the programme ('time out policy') and return to the service following the birth.
- Patients who have been previously referred into the service and have left the pathway early or have disengaged from the services, who are seeking to re-enter as a re-referral will not be eligible within 12 months.
- Patients with uncontrolled hypertension/heart condition/medical condition preventing increase in activity level.
- Patients with unstable or severe mental illness beyond the expertise of primary care.
- Patients with active eating disorders.
- Patients who have made suicide attempts within the last year.
- Patients who have self-harmed in the past 3 months.
- Patients who have made plans to commit suicide in the past 3 months.
- Patients who have had bariatric surgery (defined as sleeve gastrectomy, does not include band or balloon).

May 2026

Please note, eligibility criteria subject to change



Meet your Service Engagement Lead, Fiona

Book a short call with me to learn how Oviva can support your patients, including referral guidance, conversation resources, and a quick demo of the app.



May, 2026

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