

Oviva Tier 3 Eligibility Criteria

NHS North East North Cumbria ICB



For North East North Cumbria, a two-tier medication policy is in place. Patients can access the 6-month diet and lifestyle pathway if they meet the inclusion criteria for entry; however, access to the medication pathway is assessed separately in line with the eligibility criteria defined by your local ICB, and we are required to follow these when determining a patient's eligibility.

Inclusion criteria



- Age at least 18 years old
- Patients who have demonstrated that they have maximised primary care and community conservative management which must as a minimum

BMI Criteria -2.5kg/m² for ethnic minorities:

- **BMI ≥50kg/m²** (without evidence of compliance with Tier 2)
- **BMI ≥40kg/m²**
- **BMI ≥35kg/m²** **and** has **one or more** weight related co-morbidities (**complete list**):
 - Significant cardiovascular disease.
 - Patients with pre-diabetes (Hba1C between 42-47) and BMI over 40 (-2.5% other ethnicities).
 - Patients with type 2 diabetes (HbA1c over 48) and BMI over 40 (-2.5% other ethnicities).
 - Patients with BMI between 35-40 (-2.5% other ethnicities) with onset of Type 2 diabetes within 10 years'.
 - Patients with complex mental health and psychological issues with raised BMI.
 - Patients with eating disorders, disordered eating and weight related mental health issues.
 - Sleep apnoea.
 - Benign intracranial hypertension.
 - Hypertension
 - Hyperinsulinaemia
 - Dyslipidaemia
 - Exacerbation of conditions such as asthma
 - Patients with a BMI > 35 precluded from the waiting list for surgery on basis of their BMI

In addition to the above, the patient must meet the clinical criteria set out below:

- The underlying causes of obesity need to be assessed.
- The person has complex disease states or needs that cannot be met in Tier 2
- The patient understands the commitment required for a Tier 3 programme. This should include nutritional advice, exercise and lifestyle support AND are willing and able to engage and participate in ALL of these aspects of a Tier 3 programme.
- Patients with the above but who are not suitable for surgery or who are assessed as benefitting longer-term from non-surgical intensive support to manage their weight as an alternative to bariatric surgery.
- Individuals who may be referred to Tier 4 obesity services (bariatric surgery) and therefore require assessment and preparation.

Two tier medication access - Wegovy eligibility

BMI \geq 40 kg/m² (-2.5kg/m² for ethnic minorities).

AND at least four of the following five diagnosed health conditions (complete list):

- Type 2 diabetes
- Hypertension
- Atherosclerotic cardiovascular disease
- Obstructive sleep apnoea
- Dyslipidaemia



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Please note, eligibility criteria subject to change

Exclusion Criteria



- Under the age of 18.
- Patients with a who have a BMI \leq 30 kg/m²
- Referred from an inpatient mental health unit
- Patients who are unable to participate in ALL of the components of a tier 3 weight management programme including nutritional advice, exercise, and lifestyle support.
- Have a diagnosis of active Inflammatory Bowel Disease.
- Require or request weight loss injections alone or require Very Low Calorie Diets.
- Patients consuming more than 20 units of alcohol per week
- Are referred for other medical/pharmaceutical management of obesity which sit outside of agreed pathways agreed by the ICB.
- Have had previous bariatric surgery.
- Patients who have been previously referred into the service and have left the pathway early , who are seeking to re-enter will not be eligible within 24 months and will be considered on a case-by-case basis
- Are pregnant
- Those diagnosed with active substance abuse
- Patients with active cancer and undergoing treatment.
- Severe cognitive impairment/uncontrolled mental health/personality disorders which will make it difficult for the patient to engage.
- Patients with unstable mental health - self-harmed, plans to commit suicide in the past 3 months

To download the referral form and to find out more, visit our website:
www.oviva.com/refer

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