

Understanding the criteria



NHS South West London ICB

For SWL, a two-tier policy is in place. Patients can access the 6-month diet and lifestyle pathway if they meet the inclusion criteria for entry; however, access to the medication pathway is assessed in line with the eligibility criteria defined by your local ICB, and we are required to follow these when determining a patient's eligibility.

Inclusion Criteria - To access Tier 3 Weight Management service



A patient must meet one of the following eligibility criteria:

- **BMI $\geq 50 \text{ kg/m}^2$ ***
- **BMI $\geq 40 \text{ kg/m}^2$ and** has engaged with community weight services over a 2 year period, but they have failed to achieve or maintain weight loss goals.
- **BMI $\geq 35 \text{ kg/m}^2$ ***
- **and** has engaged with community weight services over a 2 year period, but failed to achieve or maintain weight loss goals
- **and** has **one or more weight related co-morbidities** (complete list):
 - Established cardiovascular disease
 - Type 2 diabetes
 - Hypertension
 - Idiopathic intracranial hypertension
 - Obstructive sleep apnoea
 - Non-alcoholic steatohepatitis (NASH)

**There is a tolerance unit of BMI 2.5 on each element of the criteria above in relation to at-risk groups that have higher obesity prevalence rates particularly those with black African or Caribbean and South Asian origin.*

Two tier medication access - Wegovy eligibility



- **BMI of $>35 \text{ kg/m}^2$**

AND at least 1 weight-related comorbidity

AND one of the following:

- Precancerous or cancerous conditions in which weight loss would improve outcomes or aid access to therapies
- Patients requiring urgent weight loss for organ transplant
- Idiopathic intracranial hypertension (IIH) requiring frequent lumbar punctures and/or with visual compromise
- Patients undergoing planned time-sensitive surgery (including bariatric surgery) for life-limiting conditions, where high BMI is the primary barrier to surgery and weight loss would be beneficial
- Weight loss required for assisted conception in women under the care of a fertility service, in cases where weight loss would be beneficial**
- Severe obstructive sleep apnoea (OSA), obesity hypoventilation syndrome (OHS) and/or severe asthma
- Proven genetic cause of obesity and not eligible for Setmelanotide (Imcivree®)



Exclusion Criteria to access of the programme



- Patients under 18 years old
- Patients who are currently successfully losing weight with dietetic or reputable evidence-based weight management intervention.
- Pregnant women - women becoming pregnant during the programme will be able to pause the programme ('time out policy') and return to the service following the birth.
- Patients who have been previously referred into the service and have left the pathway early or have disengaged from the services, who are seeking to re-enter as a re-referral will not be eligible within 12 months.
- Patients with uncontrolled hypertension/heart condition/medical condition preventing increase in activity level.
- Patients with unstable or severe mental illness beyond the expertise of primary care.
- Patients with active eating disorders.
- Patients who have made suicide attempts within the last year.
- Patients who have self-harmed in the past 3 months.
- Patients who have made plans to commit suicide in the past 3 months.
- Patients who have had bariatric surgery (defined as sleeve gastrectomy, does not include band or balloon).

Meet your Service Engagement Lead, Fiona

Book a short call with me to learn how Oviva can support your patients, including referral guidance, conversation resources, and a quick demo of the app.

