

Oviva Tier 3 Eligibility Criteria



NHS Cheshire and Merseyside ICB

Inclusion Criteria - To access Tier 3 Weight Management service

Please ensure the patient meets **ALL** eligibility criteria

☐ **BMI of at least 40 kg/m2***

and has completed Tier 1 & 2 weight management interventions prior to referral

and at least **four of the five health conditions** (**complete list of comorbidities**)

- ☐ Type 2 diabetes mellitus
- ☐ High blood pressure (hypertension)
- ☐ Heart disease (cardiovascular disease)
- ☐ Obstructive sleep apnoea
- ☐ Abnormal blood fats (dyslipidaemia)



**There is a tolerance unit of BMI 2.5 on each element of the criteria above in relation to at-risk groups that have higher obesity prevalence rates particularly those with black African or Caribbean and South Asian origin.*

Exclusion criteria



- Under the age of 18 years.
- Pregnant or breastfeeding. Women becoming pregnant during the programme will be able to pause the programme and return to the service when appropriate following the birth.
- Uncontrolled hypertension/heart condition.
- Active or suspected, untreated eating disorders, including binge eating disorder, purging within the last 3 months.
- Active cancer.
- Bariatric surgery in the past two years (defined as sleeve gastrectomy, not band or balloon).
- Unstable or severe mental illness, including suicide attempts in the past 12 months, patients who have self-harmed in the past 3 months, or suicidal ideation in the last 3 months. This may prevent engagement with the behaviour change programme.
- Unstable alcohol or drug use (can be referred if the patient has received support and been in recovery for 3 months).
- Unstable hypothyroidism (can be referred if stable).
- Unstable Cushing's syndrome (can be referred if stable).
- Patients who are contraindicated for any of the current NICE approved and licensed.
- Patients who have been previously referred into the service and have left the pathway early or have disengaged from the services, who are seeking to re-enter as a re-referral will not be eligible within 24 months.

