

# Oviva Tier 3 Eligibility Criteria



## NHS Kent and Medway ICB

### Inclusion Criteria



Please ensure the patient meets **ALL** eligibility criteria

☐ **BMI of at least 40 kg/m<sup>2</sup>\***

**and** has completed Tier 1 & 2 weight management interventions prior to referral

**and** at least **four of the five health conditions** (**complete list of comorbidities**)

- ☐ Type 2 diabetes mellitus
- ☐ High blood pressure (hypertension)
- ☐ Heart disease (cardiovascular disease)
- ☐ Obstructive sleep apnoea
- ☐ Abnormal blood fats (dyslipidaemia)

*\*There is a tolerance unit of BMI 2.5 on each element of the criteria above in relation to at-risk groups that have higher obesity prevalence rates particularly those with black African or Caribbean and South Asian origin.*

### Exclusion criteria



- Patients under 18 years old.
- Patients who are currently successfully losing weight with dietetic or reputable evidence-based weight management intervention.
- Pregnant women - Women becoming pregnant during the programme will be able to pause the programme ('time out policy') and return to the service following the birth.
- Patients who have been previously referred into the service and have left the pathway early or have disengaged from the services, who are seeking to re-enter as a re-referral will not be eligible within 12 months.
- Patients with uncontrolled hypertension/heart condition/medical condition preventing increase in activity level.
- Patients with unstable or severe mental illness beyond the expertise of primary care.
- Patients with active eating disorders.
- Patients who have made suicide attempts within the last year.
- Patients who have self-harmed in the past 3 months.
- Patients who have made plans to commit suicide in the past 3 months.
- Patients who have had bariatric surgery (defined as sleeve gastrectomy, not band or balloon).

