

NHS South Yorkshire ICB

Oviva Tier 3 Referral Pack

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Understanding the criteria

NHS South Yorkshire ICB

Inclusion Criteria



Please tick one of the following boxes to show which eligibility criteria the patient meets.

☐ **BMI of at least 50 kg/m²***

OR

☐ **BMI of at least 35 kg/m²* and at least four weight-related comorbidities (complete list of comorbidities)**

☐ Hypertension

☐ Dyslipidaemia

☐ Obstructive sleep apnoea

☐ Cardiovascular disease

☐ Type 2 diabetes mellitus

OR

☐ **Any BMI – transition of care for young people from Complications of Excess Weight (CEW) services**

*Adjustment of 2.5 kg/m² in people from South Asian, Chinese, other Asian, Middle Eastern, Black African or African-Caribbean ethnic backgrounds to ensure equitable clinical prioritisation and access to appropriate treatment. This also applies to people of mixed race who have one of these backgrounds.

In addition to the above, the three boxes below must be ticked to reflect a patient's eligibility for the pathway:

☐ The patient understands the requirements and demonstrates a commitment to actively participating in Tier 3 services.

☐ The patient can engage fully with the programme requirements.

☐ The patient has engaged in a supported attempt to modify diet and exercise levels prior to referral, as indicated by undertaking one or more of the following within 24 months of referral to the SWMS:

- A locally commissioned Tier 2 weight management service
- An equivalent NHS nationally commissioned Tier 2 programme (such as National Diabetes Prevention Programme, Digital Weight Management Programme, Type 2 Diabetes Pathway to Remission)
- Attended a commercial weight loss service
- Primary care / Local authority health coaching, dietetic or practice nursing support to enhance diet/nutrition +/- increase physical activity +/- weight management
- Completed the 12-week free NHS Weight Loss Plan app

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Exclusion criteria



- Patients under 18 years old.
- Patients who do not satisfy the prerequisite and referral criteria.
- Patients who are currently successfully losing weight with dietetic or reputable evidence-based weight management intervention.
- Patients who are pregnant or breastfeeding
- Patients who have been previously referred into the service and have left the pathway early or have disengaged from the services, who are seeking to re-enter as a re-referral will not be eligible within 12 months.
- Uncontrolled health conditions including uncontrolled hypertension, heart conditions, or any medical condition preventing increased activity levels.
- Active or suspected, untreated eating disorders, including binge eating disorder, purging within the last 3 months.
- Patients who have had bariatric surgery within 2 years (defined as sleeve gastrectomy, not band or balloon).
- Active cancer.
- Unstable or severe mental illness, including suicide attempts in the past 12 months, patients who have self-harmed in the past 3 months, suicidal ideation in the last 3 months or mental health concerns that would prevent engagement with the behavioural change programme.
- Unstable substance use (can be referred if the patient has received support and been in recovery for 3 months).
- Unstable hypothyroidism (can be referred if stable).
- Unstable Cushing's syndrome (can be referred if stable).



How to Refer patients in South Yorkshire

1. Run Search to Identify Eligible Patients

- The access criteria for GLP-1 medication in South Yorkshire is the same for Wegovy and Tirzepatide, patients who haven't been initiated on Tirzepatide maybe suitable for Wegovy. An Obesity Medication pathway search for Tirzepatide (GLP-1) is available on Ardens.

EMIS - Population Reporting or SystmOne - Clinical Reporting

- Search in folder: Weight Management or Tirzepatide/GLP-1
- Once located, use Cohort 2- BMI ≥ 35 (or ≥ 32.5 if risk ethnicity) + ≥ 4 qualifying comorbidities

2. Locate the Referral Form

South Yorkshire ICB have Oviva's T3WM referral form available centrally. Please access via Ardens on EMIS or SystmOne.

3. Submit the Referral

Once completed, please send the referral form and any relevant attachments using one of the following methods.

- Email: ovivauk.t3wm@nhs.net
- NHS e-Referral Service (eRS) Please use the Secondary Care menu and search the following terms on the system:

Name: Tier 3 Weight Management Service (medical) – Oviva

Speciality: Endocrinology & Metabolic Medicine

Clinic type: Not otherwise specified

Organisation or site name: Oviva



Meet your Service Engagement Lead, Fiona

Book a short call with me to learn how Oviva can support your patients, including referral guidance, conversation resources, and a quick demo of the app.



Referral checklist



Use this quick checklist before submitting a referral to support rapid triage, safe clinical decision-making and reduced delays to your patient.

Please ensure all fields are completed and supporting documents are attached when submitting a referral to our consultant-led Tier 3 Weight Management programme.

- ✓ Confirmation that the patient meets the eligibility criteria outlined on page 1 of the referral form
- ✓ Referring GP's name
- ✓ Blood pressure reading
- ✓ **Recent blood results (must be within 12 months):**
 - HbA1c (mmol/mol)
 - Renal Function (eGFR)
 - Total cholesterol or serum cholesterol
 - HDL cholesterol
 - LDL cholesterol
 - Thyroid function (TSH)
- ✓ Height, weight and calculated BMI (kg/m²)
(Confirmation that weight has been validated in clinic within last 3 months)
- ✓ Retinopathy- if last 2 screening results were normal, should be within last 24 months
(Not applicable for patients with new diabetes diagnosis (<12 months))
Please note one of the three tick boxes must be completed.
- ✓ Summary of recent medical history/comorbidities
- ✓ Current medication list - including repeat and acute medications.

Referrals missing any of the information above cannot be accepted. This is to ensure the patient's safety. In these instances, we will contact the GP practice to obtain the missing information.

Unfortunately, if this information is not received, the referral will be rejected.

Common Referral Errors

- Eligibility boxes not ticked
- Any of the information listed above is missing (most commonly confirmation that the patient meets the eligibility criteria, thyroid function, total cholesterol/serum cholesterol, LDL and HDL cholesterol results)
- If past medical history contains any apparent information that could affect patient's eligibility and needs to be clarified by the team (e.g. mental health entries)



Enrolment survey

After referral acceptance, patients receive an online survey to collect additional information used to confirm medical history, assess readiness to change, screen for exclusions (e.g. pregnancy, severe mental health conditions, eating disorders, substance misuse), and support MDT triage to the appropriate pathway.

Responses may trigger automatic disqualification or clinical review.

If a patient is disqualified due to BES or PHQ-9 responses, safeguarding procedures are followed and the patient is referred back to their GP. If the GP later confirms eligibility, a new referral must be submitted.

If disqualification occurs due to incorrect survey responses (e.g. uncontrolled hypertension), referrals may be reinstated with GP confirmation that the patient is clinically suitable.

If a patient is incorrectly disqualified due to missing data, reinstatement can be requested by contacting ovivauk.t3wm@nhs.net with evidence that the required information was submitted within the timeframe.



Expected Timeframes



Initial triage: We aim to process referrals within 48 hours from referral receipt. If information is missing, the Oviva team will contact the practice to request completion.

Patients may also be notified but not asked to complete.

Practices are given **56 days to respond before the referral is closed.**

If no response is received, the referral is closed and a re-referral will be required with all information provided.