



Oviva Tier 3 Eligibility Criteria

NHS South Yorkshire ICB

Inclusion Criteria



Please tick one of the following boxes to show which eligibility criteria the patient meets.

☐ **BMI of at least 50 kg/m²***

OR

☐ **BMI of at least 35 kg/m²* and at least four weight-related comorbidities (complete list of comorbidities)**

☐ Hypertension

☐ Dyslipidaemia

☐ Obstructive sleep apnoea

☐ Cardiovascular disease

☐ Type 2 diabetes mellitus

OR

☐ **Any BMI – transition of care for young people from Complications of Excess Weight (CEW) services**

*Adjustment of 2.5 kg/m² in people from South Asian, Chinese, other Asian, Middle Eastern, Black African or African-Caribbean ethnic backgrounds to ensure equitable clinical prioritisation and access to appropriate treatment. This also applies to people of mixed race who have one of these backgrounds.

In addition to the above, the three boxes below must be ticked to reflect a patient's eligibility for the pathway:

☐ The patient understands the requirements and demonstrates a commitment to actively participating in Tier 3 services.

☐ The patient can engage fully with the programme requirements.

☐ The patient has engaged in a supported attempt to modify diet and exercise levels prior to referral, as indicated by undertaking one or more of the following within 24 months of referral to the SWMS:

- A locally commissioned Tier 2 weight management service
- An equivalent NHS nationally commissioned Tier 2 programme (such as National Diabetes Prevention Programme, Digital Weight Management Programme, Type 2 Diabetes Pathway to Remission)
- Attended a commercial weight loss service
- Primary care / Local authority health coaching, dietetic or practice nursing support to enhance diet/nutrition +/- increase physical activity +/- weight management
- Completed the 12-week free NHS Weight Loss Plan app





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Exclusion criteria



- Patients under 18 years old.
- Patients who do not satisfy the prerequisite and referral criteria.
- Patients who are currently successfully losing weight with dietetic or reputable evidence-based weight management intervention.
- Patients who are pregnant or breastfeeding
- Patients who have been previously referred into the service and have left the pathway early or have disengaged from the services, who are seeking to re-enter as a re-referral will not be eligible within 12 months.
- Uncontrolled health conditions including uncontrolled hypertension, heart conditions, or any medical condition preventing increased activity levels.
- Active or suspected, untreated eating disorders, including binge eating disorder, purging within the last 3 months.
- Patients who have had bariatric surgery within 2 years (defined as sleeve gastrectomy, not band or balloon).
- Active cancer.
- Unstable or severe mental illness, including suicide attempts in the past 12 months, patients who have self-harmed in the past 3 months, suicidal ideation in the last 3 months or mental health concerns that would prevent engagement with the behavioural change programme.
- Unstable substance use (can be referred if the patient has received support and been in recovery for 3 months).
- Unstable hypothyroidism (can be referred if stable).
- Unstable Cushing's syndrome (can be referred if stable).

