



Oviva Tier 3 Eligibility Criteria

NHS West Yorkshire ICB

Inclusion Criteria



Please tick the following boxes to confirm the patient meets the eligibility criteria below.

- ☐ The patient has a **BMI of at least 35 kg/m2*** **and** has at least **four qualifying co-morbidities** **and** has demonstrated engagement and commitment to lifestyle changes which includes receipt of healthy weight and lifestyle advice in primary care and evidence of active participation in modification of lifestyle.

Complete list of comorbidities - please indicate relevant below:

- ☐ Atherosclerotic cardiovascular disease (ASCVD)
- ☐ Hypertension
- ☐ Dyslipidaemia
- ☐ Obstructive sleep apnoea (OSA)
- ☐ Type 2 diabetes

*Adjustment of 2.5 kg/m2 in people from South Asian, Chinese, other Asian, Middle Eastern, Black African or African-Caribbean ethnic backgrounds to ensure equitable clinical prioritisation and access to appropriate treatment. This also applies to people of mixed race who have one of these backgrounds.





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Exclusion criteria



- Patients under 18 years old.
- Patients who are currently successfully losing weight with dietetic or reputable evidence-based weight management intervention.
- Pregnant or breastfeeding people.
- For females of childbearing age shared decision making must be undertaken as medication must not be used during pregnancy and effective contraception must be used during treatment and wash out period must be observed as per SPC for medications. This should be discussed with women planning pregnancy before referral. See appropriate WYICB Guidance.
- Patients who have been previously referred into the service and have left the pathway early or have disengaged from the services, who are seeking to re-enter as a re-referral will not be eligible within 12 months unless there are clear exceptional circumstances.
- Patients with uncontrolled hypertension/heart condition/medical condition preventing increase in activity level.
- Patients with unstable or severe mental illness beyond the expertise of primary care.
- Patients with not controlled psychiatric disorder.
- Patients with active eating disorders.
- Patients who have made suicide attempts within the last year.
- Patients who have self-harmed in the past 3 months.
- Patients who have made plans to commit suicide in the past 3 months.
- Patients who have had bariatric surgery (defined as sleeve gastrectomy, not band or balloon).
- Patients with uncontrolled hypothyroidism.
- Patients with untreated Cushing's syndrome.
- Patients with acute pancreatitis.
- Patients with on-going alcohol/drug abuse.

